

January 2019

Zion United Church of Christ

Evansville, IN

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Office Closed	2 11:30-2:00 C.G. Kitchen Noon-1pm Walking Meditation & Music 6:00 pm Yin Yoga	3 11:30-2:00 C.G. Kitchen 11:30-2:00 Veggie Co-Op 4:00 pm Groove Yoga 6:00 pm Kundalini Yoga	4 Veggie Pot Luck 5:30-7:00 pm	5 Paint Pouring 1-2 pm
6 10:30 am Worship with Communion Discussion Group after Worship	7 11:30-2:00 C.G. Kitchen 4:00 pm Groove Yoga 6:00 pm Kundalini Yoga	8 10am-2pm Veggie Club 11:30-2:00 C.G. Kitchen 5:00 pm Choir Practice 6:00 pm Qigong 6:00 pm Song Circle	9 11:30-2:00 C.G. Kitchen Noon-1pm Walking Meditation & Music 6:00 pm Yin Yoga 7:00 pm Spirit Share Group	10 11:30-2:00 C.G. Kitchen 11:30-2:00 Veggie Co-Op 3:00-5:30 pm UCS Meal Ministry 4:00 pm Groove Yoga 6:00 pm Kundalini Yoga	11	12
13 10:30 am Worship 11:30 am Christian Board of Ministry Mtg.	14 11:30-2:00 C.G. Kitchen 3:30 pm Council Mtg. 5:00 pm Trustee Mtg. 6:00 pm Kundalini Yoga	15 10am-2pm Veggie Club 11:30-2:00 C.G. Kitchen 5:00 pm Choir Practice 6:00 pm Qigong	16 11:30-2:00 C.G. Kitchen Noon-1pm Walking Meditation & Music 6:00 pm Yin Yoga	17 11:30-2:00 C.G. Kitchen 11:30-2:00 Veggie Co-Op 6:00 pm Kundalini Yoga	18	19
20 10:30 am Worship Discussion Group after Worship	21 11:30-2:00 C.G. Kitchen 6:00 pm Kundalini Yoga	22 10am-2pm Veggie Club 11:30-2:00 C.G. Kitchen 5:00 pm Choir Practice 6:00 pm Qigong	23 11:30-2:00 C.G. Kitchen Noon-1pm Walking Meditation & Music 6:00 pm Yin Yoga 7:00 pm Spirit Share Group	24 11:30-2:00 C.G. Kitchen 11:30-2:00 Veggie Co-Op 6:00 pm Kundalini Yoga	25 Plant Based for the New Year Cooking Class 6:00—8:00 pm	26 Chanting, Prana- yama and Meditation Yoga 9:30-11:00 am
27 10:30 am Worship Discussion Group after Worship	28 11:30-2:00 C.G. Kitchen 6:00 pm Kundalini Yoga	29 10am-2pm Veggie Club 11:30-2:00 C.G. Kitchen 5:00 pm Choir Practice 6:00 pm Qigong	30 11:30-2:00 C.G. Kitchen Noon-1pm Walking Meditation & Music 6:00 pm Yin Yoga	31 11:30-2:00 C.G. Kitchen 11:30-2:00 Veggie Co-Op 6:00 pm Kundalini Yoga		